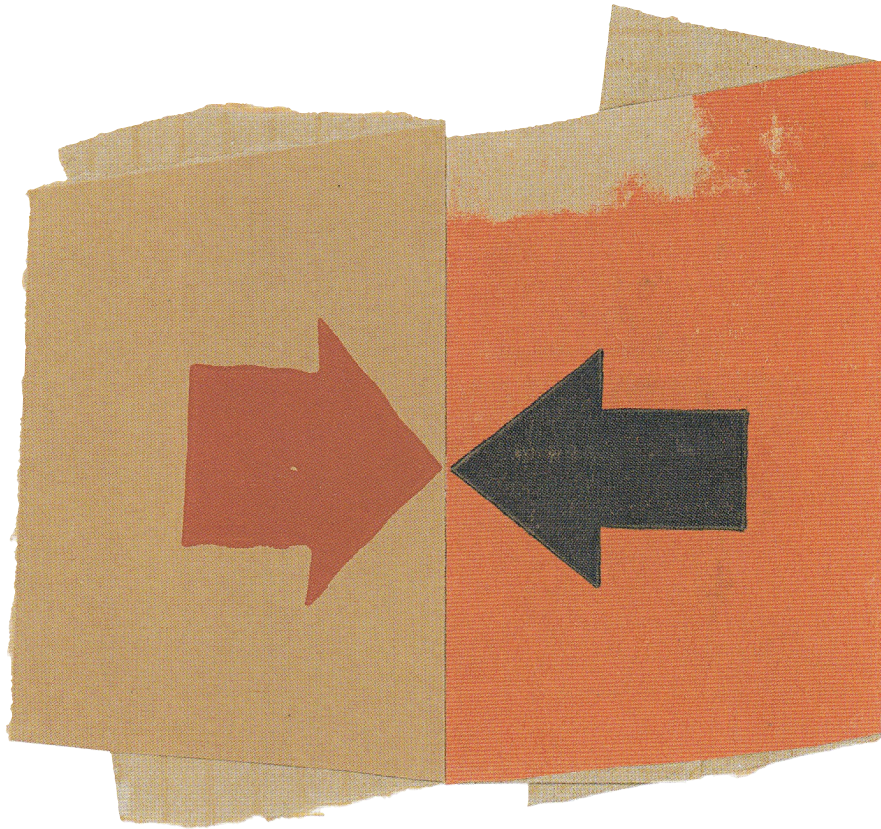


self manager



I like a new challenge

I like taking risks, but I know how to manage them

I can manage my emotions so that I don't get angry or upset, or become unreasonable

I always listen to and act on advice

I'm not afraid to ask for advice or support

I respond sensibly to feedback and criticism, so that I am able to use this advice to help me improve

I organise and plan my time and my work so that I meet deadlines

I am flexible and can adapt my plans

I enjoy being responsible

I understand that my actions have consequences