

ME
WE

How would you rate yourself as a **team worker**? Look at the statements below. Circle the ones that reflect your skills

I enjoy working with others

I enjoy supporting others

I can take part in discussions without having an argument

I am fair and considerate towards others

I don't always put myself first

I enjoy receiving constructive feedback from others

I enjoy giving constructive feedback to others

I like sharing ideas, resources and materials

I am good at listening to others when they share their ideas, feelings and opinions

I take responsibility for my actions and understand how they can impact on others

ME
WE

skills log

List and describe what you have done to demonstrate you have these **team work** skills

I enjoy working with others, and don't always put myself first	
I like working in a team, sharing ideas, resources and materials	
I can take part in discussions and listen to others	
I am responsible and understand how my actions can impact on others	
I can receive constructive feedback from others and can use this to improve my work	